

Why That Lame Back?

Morning lameness, sharp twinges when bending, or an all-day backache; each is cause enough to suspect kidney trouble. Get after the cause. Help the kidneys. We Americans go it too hard. We overdo, overeat and neglect our sleep and exercise and so we are fast becoming a nation of kidney sufferers. 72% more deaths than in 1890 is the 1910 census story. Use Doan's Kidney Pills. Thousands recommend them.

A Missouri Case

H. T. Calvert, Osceola, Mo., says: "Kidney complaint in my case was brought on by exposure and careless living. Some attacks held me up for weeks. The pains in my back were dreadful. I had constant head aches and dizzy spells. The kidney secretion failed. Doan's Kidney Pills restored me to good health."

Get Doan's at Any Store, 50c a Box
DOAN'S KIDNEY PILLS
POSTER-MILBURN CO., BUFFALO, N. Y.

Reminder.

"Look here," said the indignant house owner to the agent from whom he had bought his home on the installment plan. "The panelling in my dining room is opening up so you can put your finger through the cracks." "That's all right," replied the agent. "The house is settling. And that reminds me. It's about time you settled up for last month's installment."

ITCHING, BURNING SCALPS

Crusted With Dandruff Yield Readily to Cuticura. Trial Free.

Cuticura Soap to cleanse the scalp of dandruff crustings and scalings, and Cuticura Ointment to soothe and heal itching and irritations. Nothing better, surer or more economical than these super-creamy emollients for hair and scalp troubles of young or old. Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

The Fad.
Knicker—Tired?
Booker—Yes, I was up all night skating the baby.

Health for Sick Women

For Forty Years Lydia E. Pinkham's Vegetable Compound Has Been Woman's Most Reliable Medicine—Here is More Proof.

To women who are suffering from some form of woman's special ills, and have a constant fear of breaking down, the three following letters ought to bring hope:—



North Crandon, Wis.—"When I was 16 years old I got married and at 18 years I gave birth to twins and it left me with very poor health. I could not walk across the floor without having to sit down to rest and it was hard for me to keep about and do my work. I went to a doctor and he told me I had a displacement and ulcers, and would have to have an operation. This frightened me so much that I did not know what to do. Having heard of Lydia E. Pinkham's Vegetable Compound I thought I would give it a trial and it made me as well as ever. I cannot say enough in favor of the Pinkham remedies."—Mrs. MAYME ASBACH, North Crandon, Wis.

Testimony from Oklahoma.

Lawton, Okla.—"When I began to take Lydia E. Pinkham's Vegetable Compound I seemed to be good for nothing. I tired easily and had headaches much of the time and was irregular. I took it again before my little child was born and it did me a wonderful amount of good at that time. I never fail to recommend Lydia E. Pinkham's Vegetable Compound to alling women because it has done so much for me."—Mrs. A. L. McCASLAND, 509 Howe St., Lawton, Okla.

From a Grateful Massachusetts Woman.

Roxbury, Mass.—"I was suffering from inflammation and was examined by a physician who found that my trouble was caused by a displacement. My symptoms were bearing down pains, backache, and sluggish liver. I tried several kinds of medicine; then I was asked to try Lydia E. Pinkham's Vegetable Compound. It has cured me and I am pleased to be in my usual good health by using it and highly recommend it."—Mrs. B. M. Osgood, 1 Haynes Park, Roxbury, Mass.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.



ABSORBINE

TRADE MARK REG. U.S. PAT. OFF.
will reduce inflamed, swollen joints, sprains, bruises, soft bunions, heels, boils, poll evil, quitters, fistulas and infected sores quickly as it is a positive antiseptic and germicide. Pleasant to use; does not blister or remove the hair, and you can work the home. 50c per bottle, delivered. Book 7 M free. W. F. YOUNG, P. O. Box 100, Springfield, Mass.

ABSORBINE, JR., the antiseptic ointment for marked, reduces Pains, Swollen Veins, Wens, Strains, Bruises, sprains and inflammation. Price \$1.00 per bottle at dealers or delivered. Will send you more if you write. Liberal Trial Bottle for 10c in stamps.

W. F. YOUNG, P. O. Box 100, Springfield, Mass.

PREVENTION

better than cure. Tuti's Pills if taken in time are not only a remedy for, but will prevent SICK HEADACHE, biliousness, constipation and kindred diseases.

Tuti's Pills

FORD TOURING CAR and Two 5000 Upright Grand Pleasure Given Free by our plan you can soon become owner of either an Auto or Piano. Write 4111 E. for particulars. Acme Specialty Co. Columbia, Tenn.

W. N. U., ST. LOUIS, MO. 8-1918.

Three Hundred Million Bushel Crop in 1915

Regarding Western Canada as a grain producer, a prominent business man says: "Canada's position today is sounder than ever. There is more wheat, more oats, more grain for feed, 20% more cattle than last year and more hogs. The war market in Europe needs our surplus. As for the wheat crop, it is marvelous and a monument of strength for business confidence to build upon, exceeding the most optimistic predictions."

Prices are high, markets convenient, excellent land, low in price either improved or otherwise, ranging from \$12 to \$30 per acre. Free homestead lands are plentiful and not far from railway lines and convenient to good schools and churches. The climate is healthful.

There is no war tax on land, nor is there any conscription. For complete information as to best locations for settlement, reduced railroad rates and descriptive illustrated pamphlet, address Superintendent Immigration, Ottawa, Ct.

G. A. Cook, 2912 Main St., Kansas City, Mo.; C. J. Douglas, Room 412, 112 W. Adams St., Chicago, Ill.

Canadian Government Agents

NATIONAL CAPITAL AFFAIRS

Press Agent's Work Helping the Marine Service

WASHINGTON—Uncle Sam has an official press agent now who is taking the great forgetting American public into his confidence and telling it about the oldest and the least-known department of the navy service—the marine corps. Most everyone knows something or other about the blue-jackets, for their feats on land and off have been described so voluminously that every detail of their work and play is known. But how about the marines?



Does the city or farmer boy know that the navy's first battle was fought and entirely won by the marines; that they served under John Paul Jones, and raised the American flag in Tripoli? Does he know that the City of Mexico was first captured by the marine corps and that they entered Chapultepec and fortified that place? Has he been told of their fights in Korea, Formosa, Egypt, China, Japan, and at Guantanamo? Uncle Sam says he has not. It is to inform the city or farmer boy of the early history and the up-to-the-minute work of this service that the navy organized a publicity bureau and put it in charge of a regular enlisted corps of marines.

Under the new press agent system of dispensing knowledge the would-be marine is advised that, in the preliminary instructions, which members of the corps get on shore before being "turned over for duty," they are drilled in the duties of infantry soldiers, field artillerymen, and as members of machine-gun companies. He is told that in preparation for their duties as landing parties from ships, expeditionary duty, and defenders of naval advance bases they are taught to use portable searchlights, wireless telegraph, the heliograph, and other methods of signaling.

Reporting a White House Wedding of Years Ago

THE recent wedding of President Wilson and the exclusion of the press recalls the experience of my father, the late Herbert A. Preston, at a similar White House ceremony many years ago," says James D. Preston, superintendent of the senate press gallery. "Father was in charge of the New York Herald bureau in Washington for 21 years. If ever a man was truly on the job it was the representative of the Herald; it little mattered to the home office how he secured the news, their ever ready question was 'Why didn't we have it?' Excuses were never in order; 'the news' was the only answer."

"The wedding of Miss Nellie Grant was one of the occasions when the Herald expected its representative to be there, even if he had to fall down the chimney to get in. The Herald people were determined to have the news, and it did not concern them at all that President Grant was equally as determined that the representative of the Herald should be excluded.

"Father had auburn hair—not a bright red, but bright enough to cause one to remember having met him. He gave many hours of serious thought to the forthcoming ceremony, but it didn't trouble him for he had overcome equally as troublesome obstacles before. It was up to him good and strong, for the Herald had a way of dropping its representative on very short notice if things at the Washington end did not move right. Father concluded that his one opportunity was to go as one of the waiters. The caterer was his friend and fully appreciated the position he was in. He employed father, and assisted him, even coaching him in the work he would have to do in order to remove any possibility of attracting attention. Father assisted in fixing the table and, unobserved, witnessed the wedding ceremony. At its conclusion he was tussling about the table, as if putting on certain finishing touches, but in reality making mental notes that he might not overlook any of the details, when Mrs. Grant came into the room. The first lady asked him several questions about the arrangements and at her suggestion he made several changes, Mrs. Grant being entirely ignorant of his identity. The wife of the president having finished with him, father was beginning to give some thought to the task of making his exit, when he became conscious of someone watching him, and turning, he saw the president standing in the doorway, his eyes fixed on father's head. He seemed satisfied with his conclusions for very shortly there came from his direction in a strong, clear tone, unmistakably meant for the auburn-haired waiter, these words: 'There's that d—d red-headed reporter.' However, the Herald was able to present to its readers the next morning a full description of the White House ceremony."

RED—

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A suit to have the will of Charles G. Stifel construed has been filed here at St. Louis by the trustees and by Otto C. Stifel, son, and E. H. Conrad, son-in-law of the testator. The estate is estimated at 2 million dollars. The will left the estate in trust for the widow and three children for twenty-five years. Mrs. Stifel has died since.

E. W. Miller and M. B. South, policemen at Weston, who were accused of causing the death of R. D. Krumely, a Leavenworth peddler, who was found dead in the Weston jail after his arrest a month ago, have been freed for lack of evidence.

John W. McConnell, said to be the oldest man in Missouri, is dead at his home at Easom, Barton county, at the age of 106 years. He was born January 6, 1810, in Ohio and moved to Southwest Missouri before the war, engaging in farming.

Uncle Sam Issues Information About Lightning

If you find yourself indoors during a thunderstorm, don't go near a stove; it is dangerous. Keep away from the chimney; avoid the close vicinity of the telephone, and don't touch a screen door. This advice is given by the United States government bureau of standards, which has published a Lightning Book, summing up the results of an elaborate investigation it has made of the subject.



If a house be struck by lightning, this authority says, there is no place anywhere inside of it that is safe. The death-dealing agent may penetrate anywhere, rendering escape impossible. But some places, such as those above mentioned, are more dangerous than others. Out of doors, a tree, but it is not likely to be the one under which you have taken shelter. On the other hand, under such circumstances, the most foolish thing you can do is to stand beneath an isolated tree. But an open shed, especially if at some distance from large buildings, is nearly, if not quite, as dangerous. Never go near a wire fence during a thunderstorm.

You can be absolutely safe in a thunderstorm only if you bury yourself underground (as in a cyclone cellar), or get inside of a cage of metal network. But right here is a very curious point of fact. A modern steel-frame building or city "skyscraper" is in effect just such a cage, and needs no lightning rods because it is lightning proof.

Next best in respect of safety is the properly rodged house. Such houses are struck by lightning now and then, but as it is reckoned, they would be hit just about fifty times as often if they had no rods.

Washington Scientists Measuring the Sun's Heat

A GROUP of small frame buildings in the rear of the Smithsonian institution, at Washington, houses the office and local laboratory of the astrophysical observatory, where much interesting work is being done in measuring the heat sent out by the sun, and ascertaining whether this heat varies from day to day. The results of these experiments, or, rather, observations, are of no little moment, since they tell of the great heat-supply force of nature which affects all life, animal and plant.

The amount of heat received on the earth from the sun varies with the transparency of the atmosphere. If this transparency can be assumed constant for two hours on fine days, the loss of the sun's heat in passing through it can easily be measured. This assumption was attacked on the basis that it was not right in theory. But the members of the observatory force at once set to work to make observations and measurements at widely separated stations of different atmospheric clearness, and elevation.

CARRIER PIGEONS LONG USED IN EGYPT.

Carrier pigeons are characters of antiquity. Dove is the Anglo-Saxon name; pigeon, the Norman name. During the fifth Egyptian dynasty, 30 centuries before Christ, it was the fashion to domesticate pigeons and to train them as carriers and messengers. The promptness with which Caesar was informed of the rebellion in Gaul and thereby enabled to cross the Alps before those uprising could possess the entire province, was due to the use of carrier pigeons.

In the Crusades, these birds were skillful and faithful messengers. The price of a handsome pair of carrier pigeons in ancient Rome was not a trifle, for Aulus, a Roman knight, once sold a pair of pigeons for 40 denarii—about \$75. At that time, too, they were by far the swiftest conveyances of news and were much in demand at the celebration of the Olympic games.—Kansas City Star.

HAPPENINGS of the week IN MISSOURI

The Macon Commercial club is working out plans for a land congress to be held there soon. Henry Funk, land owner in the Salt River Valley, Shelby county, was the originator of the move. The purpose is to start a campaign for the reclamation of all the overflow lands in Northeastern Missouri.

More permanent road work was done in Greene county in 1915 than in any other year in the county's history, according to the annual report of County Engineer John R. McAfee. Forty-two and a half miles of rock roads were constructed during the year, 104 culverts built and \$41,251 were expended by the county judges on highways and bridges.

Archibald G. William, 88 years old, is dead at his suburban home in Lexington. He has been a resident of that city sixty-five years. Mrs. Rosa Hill, 99 years old, died at the home of her grandson, John Holdrege. She had been a resident of the city sixty years.

Charles Bradford Duncan, 64 years old, died recently at Columbia of grip. He had worked at the printing trade continuously for forty-seven years. In the early '70s when Eugene Field was a student at the University of Missouri, he and Duncan were friends.

Plans for a commission form of government for Sedalia have been formally launched there by twenty-five representative citizens. Petitions will be circulated immediately to obtain the required number of signatures to call an election.

S. L. Gibson of Browning has bought 259 shares, representing a controlling interest, in the Bank of Chillicothe from H. A. Tompkins and his sons. Mr. Gibson will take charge February 1.

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At a special election held in the Billings special road district, Christian county, the other day, a proposed bond issue of \$40,000 was defeated. The vote was 242 for the proposition and 182 against. A two-third vote was required.

The council of administration of the Missouri Bankers' Association, in session at Sedalia, decided to hold the 1916 convention in St. Louis, May 22 and 23.

Jacob A. Long, city assessor of Springfield, is dead, aged 71. For many years he was engaged in the general merchandise business at Fair Grove.

Leona Coin, 10 years old, was probably fatally injured at Springfield when her 10-year-old sister, Mary, shot her with a rifle. The bullet struck her above the right eye.

Col. H. M. Duke, for thirty years a prominent citizen of Brookfield and founder of Duke City, a suburb, is dead.

The war in Europe promises to make the Church of God at Carthage wealthy. That organization five years ago purchased the old Chautauqua grounds in Carthage for about \$5,000. Recently rich mineral strikes have been made on the land and operators are scrambling to take up the fifty acres and work it.

Ira A. Day, formerly postmaster at Warrensburg, died at the home of his son, Frank Day, in Mount Washington the other day.

Saline county recently voted down the proposal to issue \$1,210,000 in bonds to be used in constructing a county-wide system of 365-day-in-the-year highways. With all but a few scattering precincts heard from, it was evident that the bond proposal did not get even a majority of the votes.

Mrs. William McCullum, wife of a farmer living ten miles northeast of Brookfield, was burned fatally the other night when her clothing caught first from a stove.

W. O. Atkinson, editor of the Bates County Record, has announced his candidacy for the Republican nomination for lieutenant governor. Four years ago Mr. Atkinson was the Republican nominee for congress in the Sixth district against C. C. Dickinson.

Henry Semple Ames, vice president of the Mississippi Valley Trust Company, is dead at his home in St. Louis of pneumonia. He belonged to clubs in St. Louis, New York, Seattle and Helena, Mont., and also to several yachting clubs. He was 53 years old.

BILIOUS, HEADACHY, SICK 'CASCARETS'

Gently cleanse your liver and sluggish bowels while you sleep.

Get a 10-cent box. Sick headache, biliousness, dizziness, coated tongue, foul taste and foul breath—always trace them to torpid liver; delayed, fermenting food in the bowels or sour, gassy stomach. Poisonous matter clogged in the intestines, instead of being cast out of the system is re-absorbed into the blood. When this poison reaches the delicate brain tissue it causes congestion and that dull, throbbing, sickening headache.

Cascarets immediately cleanse the stomach, remove the sour, undigested food and foul gases, take the excess bile from the liver and carry out all the constipated waste matter and poisons in the bowels. A Cascaret to-night will surely straighten you out by morning. They work while you sleep—a 10-cent box from your druggist means your head clear, stomach sweet and your liver and bowels regular for months. Adv.

Easy. Mrs. Jones—What would you give a dog to prevent its barking at night? Mr. Smith—Give it away.

No Escape. "Is insomnia catching?" "When the baby has it."—Boston Transcript.

THIS IS THE AGE OF YOUTH. You will look ten years younger if you darken your ugly, grizzly, gray hairs by using "La Creole" Hair Dressing.—Adv.

Archie's Neck. Little Willie—in small boy stories the central figure is nearly always named Little Willie—came running into the house, stuttering in his excitement: "Mommer," he panted, "do you know Archie Sloan's neck?" "Do I know what?" asked his mother. "Do you know Archie Sloan's neck?" repeated her offspring. "I know Archie Sloan," answered the puzzled parent; "so I suppose I must know his neck. Why?" "Well," said Willie, "he just now fell into the backwater up to it."—Saturday Evening Post.

A Ringer. Ernest P. Bicknell, national director of the American Red Cross, said on his return from Belgium to a Washington reporter: "If peace is to come each side must do its share. Advances must be made like the girl, you know."

"A young millionaire said to a beautiful girl on a moonlit beach between two dances: "Don't you like that Shakespearean quotation: "The friends thou hast and their adoption tried, Grapple them to thy soul with hoops of steel?" "The girl sighed. "Beautiful," she said. "Beautiful. But wouldn't hoops of gold be better?"

Not Up on Poultry. On board of one of his majesty's ships two seamen were hotly engaged in an argument as to the class of animal a hog belonged, one of them asserting it was a sheep and the other equally certain it was a pig. Not being able to agree, one of them turned to an old salt, who was standing close by, saying: "Here, bill, you've knocked about a bit. What is a hog? Is it a pig or a sheep?" Whereupon Bill, after due consideration, replied: "Well, to tell the truth, chummy, I don't know much about poultry."—London Tit-Bits.

That New Hat. Mamie—How do you like my new hat, Susie? Susie—Lovely, Mamie; I had one just like it last year.

Efficiency In Childhood comes with proper training—a most vital factor in which is right food.

If a child is to gain physically and expand mentally certain vital mineral elements—grown in the field grains—are imperative.

These elements, such as phosphate of potash, etc., are lacking in many foods, but abundantly supplied in the famous pure food—

Grape-Nuts

Made of whole wheat and malted barley, Grape-Nuts with cream or good milk supplies well-balanced nourishment—not only builds up the growing child, but repairs daily the wear and tear of body and brain.

Grape-Nuts has a delicious nut-like flavour—is specially processed for easy digestion—and is always ready to eat direct from the package. Economical—convenient—and makes for efficiency.

"There's a Reason" for Grape-Nuts

Sold by Grocers everywhere.

COVETED BY ALL

but possessed by few—a beautiful head of hair. If yours is streaked with gray, or is harsh and stiff, you can restore it to its former beauty and lustre by using "La Creole" Hair Dressing. Price \$1.00.—Adv.

Files Cured in 6 to 14 Days. Druggists return money if FILES DON'T RESTORE hair to color, luster, shine, softness or preventing falling. First application gives relief. See.

Safety First. Knicker—What is the best thing to do in dealing with the submarine question? Booker—Well, we might dry up.

THE PROFESSOR'S STATEMENT.

Prof. Aug. F. W. Schmitt, Thomas, Okla., writes: "I was troubled with Backache for about twenty-five years. When told I had Bright's Disease in its last stages, I tried Dodd's Kidney Pills. After using two boxes I was somewhat relieved and I stopped the treatment. In the spring of the next year I had another attack. I went for Dodd's Kidney Pills and they relieved me again. I used three boxes. That is now three years ago and my Backache has not returned in its severity, and by using another two boxes a little later on, the pain left altogether and I have had no trouble since. You may use my statement. I recommend Dodd's Kidney Pills when and wherever I can." Dodd's Kidney Pills, 50c. per box at your dealer or Dodd's Medicine Co., Buffalo, N. Y.—Adv.



Fault of the Clerk. The court clerk was examining an applicant for citizenship papers. Unfortunately, the clerk didn't ask his questions in the order in which the man from across the seas had been taught the answers. "Do you speak English?" asked the clerk. "Sure Mike," was the answer. "How long have you been in this country?" "Michigan." "How tall are you?" "Forty years." The clerk sighed. "I think you'd better get an interpreter," he said.

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